



# 2020 ENTRY PACKET

*Deadline March 2nd*



NORTH CAROLINA Senior Games



**For More Information, contact us at 704-748-1518**

"Lincoln County Senior Games is sanctioned by North Carolina Senior Games, Inc. NCSG is sponsored statewide by the North Carolina Division of Aging and Adult Services"

# GENERAL INFORMATION



## Game Dates

March 28-June 5

## SilverArts Showcase

March 11-March 30  
Awards March 13

## Performing Arts

Saturday, April 4th

## ELIGIBILITY

Lincoln County Senior Games and SilverArts are open to all Lincoln County Residents age 50 and better. Participants must reside in North Carolina at least 3 consecutive months out of the year. Participants must be able to show proof of NC residency. Photo ID will be required at check-in for all events. Non-residents of Lincoln County may participate upon approval from the Local Coordinator. Your age on December 31, 2020 will determine the category that you will compete in. Men and Women compete in separate categories in the following age groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+. In doubles competition and in team sports, the age category is determined by the age of the youngest player. Competition in SilverArts is based on sub-category, not age.

## REGISTRATION

To register for the Lincoln County Senior Games and/or the SilverArts, complete the entry form and submit payment to Lincoln County Parks and Recreation, no later than **Monday, March 2nd**. Each individual, including both doubles partners and all team members, must submit a completed entry form with total payment to **Lincoln County Parks and Recreation by March 2nd**. Performing Arts and Cheerleaders should complete one SilverArts entry form per act or group. *The deadline is strictly enforced in fairness to all participants.*

Entry Forms can be dropped off at the following locations:

**Lincoln County Parks and Recreation**  
206-A Gamble Dr.  
Lincolnton, NC 28092

**Lincoln County Senior Center**  
612 Center Dr.  
Lincolnton, NC 28092

**East Lincoln Community Center**  
8160 Optimist Club Rd.  
Denver, NC 28037

Or Mailed to:

**Lincoln County Parks and Recreation**  
P.O. Box 25  
Lincolnton, NC 28093

## FEES

To participate in the Lincoln County Senior Games and/or the SilverArts, there is a **\$10.00 Early Bird Entry Fee and \$12.00 Fee (after 2/14/20)**. A facility fee will be charged for those who wish to participate in the following activities: **Bowling (\$6.00 per event), Cycling (\$10.00 per event), Golf (\$22.00 for 18 holes), and the Closing Ceremony/Banquet (\$5.00)**. **There is also a \$5 GUEST fee for the closing ceremony/banquet.** These facility fees are in addition to the entry fee. Your entry fee includes the following: a LCSG T-Shirt and admission to the Opening Ceremony, Performing Arts Follies and the SilverArts Showcase.

# ATHLETIC EVENT INFORMATION



## RULES

All events will be conducted in accordance with the 2020 edition of the North Carolina Senior Games, Inc. Official Rule Book. A copy of the official rules will be available at the Games. The official rule book is also available online at [www.ncseniorgames.org](http://www.ncseniorgames.org). Complete rules for SilverArts are listed below.

## EVENT REPORTING TIMES

All participants should report to their events at least 15 minutes early to pick up registration information. For outdoor events, it is recommended to bring a chair.

**ALL PARTICIPANTS MUST SIGN IN AND SHOW A PHOTO ID AT EACH EVENT.**

## TOURNAMENT INFORMATION

Phone calls regarding starting times will not be made to each individual. All brackets will be available at the check-in time of each event. Participants who do not check in by the scheduled starting time will forfeit that event. Participants are also responsible for remaining at tournament events until they have completed their competition.

## INCLEMENT WEATHER

In case of inclement weather, call Lincoln County Parks and Recreation at 704-748-1518 or check the Lincoln County Senior Games Facebook page for updates. Unless conditions are hazardous to the safety of volunteers and participants, events will continue. Event Managers will have the latest information. In the event of inclement weather, Opening Ceremonies will be moved to the morning of April 4<sup>th</sup>.

## AWARDS

Each participant who finishes first, second, or third in each age group, male and female, will receive gold, silver, or bronze medals. Medals will be presented at the event.

\*\*\* Medals not picked up at the events will be available at closing ceremonies.\*\*\*

## QUALIFYING FOR STATE FINALS

To qualify, a participant must place 1st, 2nd or 3rd in any official sports event offered at the Lincoln County Senior Games. **EXCEPTION: Golfers must meet the Minimum Performance Scores (MPS) & finish in the top 3 in their age group to qualify for State Finals.**

Men		Women	
50 - 54	88	50 - 54	97
55 - 59	88	55 - 59	97
60 - 64	91	60 - 64	99
65 - 69	93	65 - 69	102
70 - 74	95	70 - 74	105
75 - 79	99	75 - 79	109
80 - 84	103	80 - 84	113
85 - 89	108	85 - 89	118
90 +	114	90 +	123

*It is the participant's responsibility to check with Drew Chance, local coordinator, immediately following the Local Senior Games to determine if you qualified for State Finals and to get a State Finals Entry Packet. The State Finals Entry Form must be received in the NCSG office in Raleigh by 5pm, on **August 1st**. Please understand that this deadline is strictly enforced in fairness to all and it is your responsibility to make sure you are registered.*

# SilverArts INFORMATION/RULES



## SILVERARTS SHOWCASE

**Wednesday, March 11 – Monday, March 30**

**Lincoln County Cultural Center**

**403 E. Main Street**

**Lincolnton, NC 28092**

Please bring art to the Lincoln County Cultural Center between 10am and 2pm on Monday, March 9th. If you need to make other arrangements, call Drew Chance (704) 748-1518. Work will remain on exhibit until 12pm on Monday, March 30th. Artists may pick up their work on March 30th at the Lincoln County Cultural Center from 10am-2pm.

**\*\*Events NOT offered at NCSG State Finals.**

## HERITAGE ARTS

**Sub-Categories:** Basket Weaving, \*\* Ceramics, \*\*China Painting, Crocheting, \*\* Doll Making, Jewelry, Knitting, \*\*Miscellaneous, Needlework, Pottery (hand built or thrown), Quilting (hand stitched), Quilting (machine stitched), \*\*Rugs (hooked, braided, woven), Stained Glass, \*\*Tatting & Needlelace, Tole & Decorative Painting, Weaving, Woodcarving, Woodturning, and Woodworking.

\* Heritage Art must be an original work.

\* Entries must be the work of the individual and not a group.

\* Patterns may be used, but no stamped pieces will be accepted.

\* Pottery must be hand built or thrown.

\* Latch hook rugs and pieces from ceramic molds will not be accepted.

\* All framed work must be securely wired, ready to be hung (no serrated hooks or string). Two-dimensional work not properly framed and wired will not be displayed.

\* Framed works can be no larger than 36" x 42", including matting and frame.

\* Entries can be no heavier than 50 pounds.

\* All entries, except framed work, must be able to be displayed in an area 3'(W) x 3'(L) x 5'(H).

\* Groupings (sets) shall have no more than 3 separate pieces per set. All objects within each piece of the set must be contained within or attached to one of the 3 pieces of the set.

\* Artist's name and title of entry must appear on, or be attached to, entry for identification.

\* Artist must send a photo of entry with *State Finals Entry Form* and *Silver Arts Information Form*. Photos cannot be returned.

\* Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times.

\* The Heritage Arts piece entered at State Finals must be the same piece that won at the Local Games.

\* **NEW THIS YEAR! An artist may submit two entries per sub-category in LCSG.**

## VISUAL ARTS

**Sub-categories:** Acrylics, Drawing, Mixed Media, Oil, Pastels, Photography, Sculpture, Watercolor

\* All artwork, except sculpture, must be framed, securely wired, and ready to be hung (no serrated hooks or string). Artwork, except sculpture, not properly wired will not be displayed.

\* Artwork, except sculpture, can be no larger than 36" x 42", including matting and frame.

\* Entries can be no heavier than 50 pounds.

\* Sculpture groupings (sets) may have no more than 3 pieces per grouping (set).

\* Mixed media may be a freestanding piece.

\* Freestanding entries must be able to be displayed in an area 3' (W) x 3' (L) x 5' (H)

\* Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times.

\* If on-site assembly is required, details must be specified on the Information Form for NCSG prior approval.

\* The art piece must be an original work, not a print.

\* Artist's name and title of entry must appear on, or be attached to, entry for identification.

\* Artist must send a photograph of entry with *State Finals Entry Form* and *Silver Arts Information Form*. Photos cannot be returned.

\* The visual arts piece entered at State Finals must be the same piece that won at the Local Games.

\* The original and all copies will be retained by NCSG, Inc.

\* The Visual Arts piece entered at State Finals must be the same piece that won at the Local Games.

\* **NEW THIS YEAR! An artist may submit two entries per sub-category in LCSG.**

## LITERARY ARTS

**Sub-category:** Essay, Life Experience, Poem, Short Story-Fiction

- \* All entries must be typed, double-spaced, on 8-1/2 x 11 paper and have a minimum of 1" margins. A minimum font size is 10-point type.
- \* Poems can be no longer than 40 lines.
- \* Short stories, essays, and life experiences can be no longer than 8 pages.
- \* All entries must have a title page, which includes title of work, sub-category, and name of artist. Artist's name should not appear on the content pages.
- \* The literary arts entry entered at State Finals must be the same entry that won at the Local Games.
- \* A **display-quality copy** of the winning Literary Arts entries, and three (3) additional photocopies, should be submitted to NCSG by the artist with their official *State Finals Entry Form* and *Silver Arts Information Form*.
- \* **NEW THIS YEAR! An artist may submit two entries per sub-category in LCSG.**

## PERFORMING ARTS & CHEERLEADER SHOWCASE

**Saturday, April 4<sup>th</sup>, 5pm**

**Lincoln County Cultural Center**

**403 E. Main Street Lincolnton, NC 28092**

**Sub-Categories-** Comedy/Drama, Dance, Instrumental, Line dance, Vocal.

**YOU MAY ONLY ENTER 3 ACTS TOTAL (1 per sub-category)**

- \* Performing entries are limited to 3 minutes of on-stage time. Exceeding the time limit will result in automatic disqualification. Timing begins with the first note of music or the first movement visible to the audience and ends with the exit of the last performer from the stage or final movement of the act. Cheerleader acts will be allowed a maximum of 4 minutes of performance time.
- \* Performing entries may be one of the following: (a) soloists, (b) small groups (2 - 4 performers), or (c) large groups (5 -20 performers). Accompanist(s) will be counted to determine size of act. No one under age 50 as of December 31st will be permitted on stage and an accompanist *must* be a registered participant.
- \* LCSG can only provide a sound system with microphones and chairs. Please specify what you need. You are responsible for all other equipment and props (including music stands, tables, etc.). Provide very specific details on size, weight, etc. Props must be small, few, lightweight, and easy to set up quickly.
- \* If your act requires additional props/technical equipment, you must attach a list of all other props & technical equipment you plan to bring.
- \* All performers for all acts must enter stage right and exit stage left or begin and end on the stage. See the Silver Arts Manual for a stage diagram.
- \* If recorded music is used, the artist/group leader must provide to LCSG by March 11th (**with Entry Forms**) a high-quality CD for their performance. No recorded instruction is permitted. Artists should pick up their music after the performance it will not be mailed/returned. Their music/song should be the only music on the CD.
- \* Voice presentations must be a *live* performance by the artist. Background music can be recorded. Lip-synch is not permitted as a performing art.
- \* No live animals are allowed, except for service animals.
- \* The Group Leader, who must be a participant, must complete the *Silver Arts Information Form* for the group and submit it with their *Entry Form*, and each member of the group must submit their own personal *Entry Form* by the March 1st deadline.
- \* At State Finals, NCSG can provide the following items: Microphone(s), Piano, Sound system, and CD player. The act is responsible for all other props and equipment (including music stands, chairs, etc.) and must get NCSG advance approval for use at Show.

*Follies **Mandatory** Rehearsal will be held Friday, **April 3rd at 5 pm** at the Lincoln County Cultural Center.*

## AWARDS

Follies and Cheerleading participants will receive their medals the evening of the Follies Showcase.

## QUALIFYING FOR STATE FINALS

In SilverArts, ONLY the 1st, 2nd & 3rd place finishers in Heritage & Visual Arts, the 1st & 2nd place finishers in Literary Arts, the 1st place finisher in Cheerleading and the "Best of Show" winner in Performing Arts will qualify for State Finals competition. If for any reason the act that wins "Best of Show" can't participate at State Finals, the act that finishes as the first runner-up will have the opportunity to advance to State Finals. **The performance at State Finals must be the same performance that won at the Local Games; i.e. same song, dance, music, etc.**

## SCHEDULE OF EVENTS

<b>Important Dates</b>	<b>Date</b>	<b>Time</b>	<b>Location</b>
2020 Kickoff Event	Friday, January 31st	11am-2pm	Lincoln County Senior Center
Registration Opens	Friday, January 31st		
Early Bird Ends	Friday, February 14th		
Registration Closes	Monday, March 2nd		
Opening Ceremonies	Saturday, March 28th	9am	Lincolnton High School Stadium
Closing Ceremonies	Friday, June 5th	6pm	Lincoln County Senior Center
<b>Silver Arts</b>	<b>Date</b>	<b>Time</b>	<b>Location</b>
Performing Arts Rehearsal	Friday, April 3rd	5pm	Lincoln Cultural Center
Follies Events/Performing Arts	Saturday, April 4th	5pm	Lincoln Cultural Center
Silver Arts Check In	Monday, March 9th	10am-2pm	Lincoln Cultural Center
Silver Arts Showcase	March 11-March 30		Lincoln Cultural Center
Silver Arts Awards	Friday, March 13th	3pm	Lincoln Cultural Center
Silver Arts Pick Up	Monday, March 30th	10am-2pm	Lincoln Cultural Center
<b>Athletic Events</b>	<b>Date</b>	<b>Time</b>	<b>Location</b>
5K/10k	Wednesday, April 29th	9am	West Lincoln Park
50m Dash/100m Dash	Saturday, March 28th	9:30am	Lincolnton High School Stadium
Archery	TBA	TBA	Mecklenburg Wildlife Club
Badminton	Saturday, May 9th	9am	Lincoln Charter School
Basketball Shoot	Saturday, April 18th	9am	Lincoln Charter School
Basketball-Team	Saturday, May 16th	3pm	East Lincoln Community Center
Billiards (8-Ball)	Tuesday, June 2nd	11am	Billiards & Pool @ Bill's Place
Bocce	Tuesday, April 28th	9am	Lincolnton Optimist Park
Bowling	Thursday, April 16th	9am	Pin Station
Chair Volleyball	Saturday, May 9th	9am	Lincoln Charter School
Cornhole Tournament	Saturday, April 18th	10am	Lincoln Charter School
Cycling	Wednesday, April 22nd	8am	Charlotte Motor Speedway
Disc Golf	Tuesday, April 21st	9am	Beattys Ford Park
Football Throw	Saturday, March 28th	9:30am	Lincolnton High School Stadium
Fun Walk	Saturday, March 28th	9am	Lincolnton High School Stadium
Golf	Tuesday, April 14th	9am	Lincolnton Country Club
Horseshoes	Tuesday, May 5th	9am	West Lincoln Park
Pickleball Tournament	Saturday, May 16th	9am	East Lincoln Community Center
Power Walk (1500m)	Saturday, March 28th	11:30am	Lincolnton High School Stadium
Power Walk (5K)	Wednesday, April 29th	9am	West Lincoln Park
Putt-Putt	Thursday, April 16th	1pm	Pin Station
Shuffleboard	Saturday, May 9th	10:30am	Lincoln Charter School
Soccer Kick	Saturday, March 28th	9:30am	Lincolnton High School Stadium
Softball Throw	Saturday, March 28th	9:30am	Lincolnton High School Stadium
Softball-Team	Sunday, May 17th	2pm	Vale Recreation Park
Swimming Events	Friday, April 3rd	11am	Lincoln County Family YMCA
Table Tennis	Tuesday, March 31st	9am	Lincoln County Senior Center
Tennis	Thursday, May 7th	2pm	Betty G Ross Park
Track & Field Events	Saturday, March 28th	11:30am	Lincolnton High School Stadium
Wii Bowling-Denver	Tuesday, March 31st	9am	East Lincoln Community Center
Wii Bowling-Lincolnton	Tuesday, March 31st	9am	Lincoln County Senior Center

## EVENT ADDRESSES

### **Beatty's Ford Park**

8335 Shipley Lane Denver, NC 28037

### **Billiards & Pool @ Bill's Place**

2667 E Main St, Lincolnton, NC 28092

### **Charlotte Motor Speedway**

5555 Concord Pkwy S, Concord, NC 28027

### **East Lincoln Community Center**

8160 Optimist Club Road Denver, NC 28037

### **Lincoln Charter School**

131/133 Eagle Nest Road, Lincolnton, NC 28092

### **Lincoln County Cultural Center**

403 E. Main Street Lincolnton, NC 28092

### **Lincolnton High School Stadium**

301 Jeb Seagle Road Lincolnton, NC 28092

### **Lincoln Golf Course**

2052 Country Club Road, Lincolnton, NC 28092

### **Lincoln County Park & Recreation**

206-A Gamble Drive, Lincolnton, NC 28092

### **Lincoln County Senior Center**

612 Center Dr, Lincolnton, NC 28092

### **Lincolnton Park and Recreation – BG Ross Park**

800 Madison St, Lincolnton, NC 28092

### **Lincoln County Family YMCA**

1402 Gaston Street Lincolnton, NC 28092

### **Lincolnton Optimist Park**

1600 Startown Road, Lincolnton, NC 28092

### **Mecklenburg Wildlife Club**

2301 Wildlife Rd, Charlotte, NC 28214

### **Pin Station**

525 West A Street Newton, NC 28658

### **Vale Recreation Park**

4875 Reepsville Rd., Vale, NC 28168

### **West Lincoln High School**

172 Shoal Road Lincolnton, NC 28092

### **West Lincoln Park**

369 Hulls Grove Church Road Vale, NC 28168





# LINCOLN COUNTY SENIOR GAMES ENTRY FORM

OFFICE USE ONLY

Date Received: \_\_\_\_\_

Staff: \_\_\_\_\_

Receipt # \_\_\_\_\_

Amt Pd. \_\_\_\_\_

Date Entered: \_\_\_\_\_

1. Complete the ENTRY and MEDICAL INFORMATION FORMS (**PLEASE PRINT**)
2. Check ALL the ACTIVITIES in which you want to participate.
3. If you are a Literary, Visual or Heritage Artists, Performing Arts group leader or Cheerleader, you must submit the required SILVERARTS INFORMATION FORM **with** this Entry Form by March 2nd.

Name (Print) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email \_\_\_\_\_ (used only for senior games communication)

**DATE OF BIRTH:** \_\_\_\_\_ **AGE AS OF DECEMBER 31, 2020:** \_\_\_\_\_

**AGE CATEGORY** (*as of 12/31/20*):

\_\_\_\_\_ 50 - 54    \_\_\_\_\_ 55 - 59    \_\_\_\_\_ 60 - 64    \_\_\_\_\_ 65 - 69    \_\_\_\_\_ 70 - 74    \_\_\_\_\_ 75 - 79

\_\_\_\_\_ 80 - 84    \_\_\_\_\_ 85 - 89    \_\_\_\_\_ 90 - 94    \_\_\_\_\_ 95 - 99    \_\_\_\_\_ 100 +

Gender (please circle):                  Female                  Male

T-shirt Size (please circle):                  S          M          L          XL          XXL          (These are men's sizes)

County of Residence (please circle):          Lincoln          Other \_\_\_\_\_

**\*\*\*\*\*See Page 8 before filling in amounts below\*\*\*\*\***

**EVENT & SOCIAL EVENT FEES:**

Entry Fee:    Early Bird (before 2/14/20) - \$10.00 / Reg. (after 2/14/20) - \$12.00                  = \_\_\_\_\_

Event Fees: -Bowling    \$6.00 per bowling event    = \_\_\_\_\_

-Golf    \$22.00    = \_\_\_\_\_

-Cycling (@ CMS)    \$10.00 per event    = \_\_\_\_\_

-I will attend Closing Dinner    \$5.00    = \_\_\_\_\_

(Please check if attending)

- Number of Guests \_\_\_\_\_ X \$5.00 each    = \_\_\_\_\_

**- Deadline to register for Closing Ceremony is May 22<sup>nd</sup>!**    **TOTALS =** \_\_\_\_\_

*(for Participants and Guest)*

***Make checks payable to Lincoln County Parks & Recreation.***

RETURN/MAIL THIS PAGE

RETURN/MAIL THIS PAGE

# LINCOLN COUNTY SENIOR GAMES ENTRY FORM

Lincoln County Senior Games is committed to creating a healthy and safe environment for all participants, staff and spectators. We request that every participant consult his or her doctor in regard to preparation for, and competition in, Senior Games or any similar activity.

Mark each event with an "X". Complete ALL pages. --- \*\*Events NOT offered at NCSG State Finals

## INDIVIDUAL SPORTS

### Archery:

- Conventional recurve w/ site
- Conventional recurve w/site and release aid
- Conventional recurve bare bow
- Compound w/ site and release aid
- Compound bare bow
- Compound w/ site
  
- Football Throw
- Disc Golf
- Softball Throw
- Fun Walk
- Basketball Shooting

### Cycling:

- 1 Mile (\$10)  5K (\$10)  10K (\$10)

- Bowling - Singles (\$6)

- Bowling - Doubles (\$6)

Partner \_\_\_\_\_

- Bowling - Mixed Doubles (\$6)

Partner \_\_\_\_\_

## Field Events

- Discus  Shot Put
- Running Long Jump  Standing Long Jump

## Track

- 50M Dash  200M Dash
- 100M Dash  800M Run
- 400M Dash  1500M Race Walk
- 1500M Run
- 5K Run  10K Run
- 5K Power Walk  1500m Power Walk

## SWIMMING (Limit of 5 Events per participant)

- 50 yard Backstroke  50 yard Breaststroke
- 100 yard Backstroke  100 yard Breaststroke
- 200 yard Backstroke  200 yard Breaststroke
- 50 yard Freestyle  50 yard Butterfly
- 100 yard Freestyle  100 yard Butterfly
- 200 yard Freestyle  200 yard Butterfly
- 500 yard Freestyle
- 100 yard Individual Medley
- 200 yard Individual Medley
- 400 yard Individual Medley

## TEAM SPORTS:

- Basketball Team (\$?)
- Softball Team (\$?)

## TOURNAMENT EVENTS

### Badminton:

- Singles
- Doubles Partner \_\_\_\_\_
- Mixed Doubles Partner \_\_\_\_\_
- Bocce - Singles
- \*\*Chair Volleyball (team will be chosen for you)
- Corn Hole Competitive (qualifies for state finals)
- Golf (Average Score \_\_\_\_\_) (\$22)
- Horseshoes
- Pickleball Singles
- Pickleball Doubles

Partner \_\_\_\_\_

- Pickleball Mixed Doubles

Partner \_\_\_\_\_

- Shuffleboard

- \*\*Shuffleboard Doubles

Partner \_\_\_\_\_

- Table Tennis - Singles

- Table Tennis - Doubles

Partner \_\_\_\_\_

- Table Tennis - Mixed Doubles

Partner \_\_\_\_\_

- Tennis - Singles

- Tennis - Doubles

Partner \_\_\_\_\_

- Tennis - Mixed Doubles

Partner \_\_\_\_\_

### Other:

- \*\*Putt-Putt (miniature golf)
- \*\*Wii-Bowling
- \*\*Soccer Kick
- \*\* Billiards (8-Ball)

## SILVER ARTS

**(Attach complete Silver Arts Form on page 9)**

- Cheerleader Showcase
- Visual Arts
- Heritage Arts
- Literary Arts
- Performing Arts (only allowed 3 performances)

## CLOSING CEREMONIES AND SPONSERS DINNER

### **VERY IMPORTANT**

- I will attend \$5.00
- I will have \_\_\_\_\_ guest(s) at \$5.00 each.  
(List on page 7)



# SILVER ARTS ENTRY FORM

Please read ALL SilverArts information & rules before completing. Silver Artist must complete this page and return with the Entry Form by March 2nd. Copy and Complete additional pages as needed.

**LITERARY ARTS:** Include all information below. See Literary Arts rules/guidelines on page 5.

Literary Arts entry(ies) MUST be submitted on Monday March 9, 2020 from 10am-2pm

**1) Essays (non-autobiographical) Title** \_\_\_\_\_

Description \_\_\_\_\_

**2) Essays (non-autobiographical) Title** \_\_\_\_\_

Description \_\_\_\_\_

**1) Life Experiences (autobiographical) Title** \_\_\_\_\_

Description \_\_\_\_\_

**2) Life Experiences (autobiographical) Title** \_\_\_\_\_

Description \_\_\_\_\_

**1) Poems Title** \_\_\_\_\_ Description \_\_\_\_\_

**2) Poems Title** \_\_\_\_\_ Description \_\_\_\_\_

**1) Short Stories (fiction) Title** \_\_\_\_\_ Description \_\_\_\_\_

**2) Short Stories (fiction) Title** \_\_\_\_\_ Description \_\_\_\_\_

**VISUAL ARTS:** Include all information below. See Visual Arts rules/guidelines on page 4.

Visual Arts entry(ies) MUST be submitted on Monday, March 9, 2020 from 10am-2pm

**1) Acrylics Title** \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Acrylics Title** \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**1) Drawing Title** \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Drawing Title** \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**1) Mixed Media Title** \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Mixed Media Title** \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**1) Oil Title** \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Oil Title** \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**1) Pastels Title** \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Pastels Title** \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**1) Photography (film) Title** \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Photography (film) Title** \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**1) Photography (digital) Title** \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Photography (digital) Title** \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**1) Sculpture Title** \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Sculpture Title** \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

# SILVER ARTS ENTRY FORM (continued)

**1) Watercolor Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Watercolor Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**HERITAGE ARTS:** Include all information below. See Heritage Arts rules/guidelines on page 4.

Heritage Arts entry(ies) MUST be submitted on Monday, March 9, 2020 from 10am-2pm

**1) Basket Weaving Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Basket Weaving Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**1) Crocheting Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Crocheting Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**1) Jewelry Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Jewelry Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**1) Knitting Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Knitting Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**1) Needlework Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Needlework Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**1) Pottery-Thrown/Handbuilt Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Pottery-Thrown/Handbuilt Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**1) Quilting (hand-stitched) Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Quilting (hand-stitched) Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**1) Quilting (machine-stitched) Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Quilting (machine-stitched) Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**1) Stained Glass Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Stained Glass Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**1) Tole/Decorative Painting Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**2) Tole/Decorative Painting Title** \_\_\_\_\_ Description \_\_\_\_\_  
Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**1) Weaving Title** \_\_\_\_\_ Description \_\_\_\_\_  
 Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_  
**2) Weaving Title** \_\_\_\_\_ Description \_\_\_\_\_  
 Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_  
**1) Woodcarving Title** \_\_\_\_\_ Description \_\_\_\_\_  
 Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_  
**2) Woodcarving Title** \_\_\_\_\_ Description \_\_\_\_\_  
 Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_  
**1) Woodturning Title** \_\_\_\_\_ Description \_\_\_\_\_  
 Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_  
**2) Woodturning Title** \_\_\_\_\_ Description \_\_\_\_\_  
 Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_  
**1) Woodworking Title** \_\_\_\_\_ Description \_\_\_\_\_  
 Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_  
**2) Woodworking Title** \_\_\_\_\_ Description \_\_\_\_\_  
 Weight \_\_\_\_\_ #of pieces in a set \_\_\_\_\_ Size: \_\_\_\_\_

**PERFORMING ARTS / CHEERLEADERS:** \*\*You are only allowed to enter 3 Performing Arts acts\*\*  
 EACH member of the group must complete an Entry Form and pay entry fee. All GROUP LEADERS and SOLO performers must complete the information below. See Performing Arts/Cheerleader guidelines on page 5.

**NAME of act #1** \_\_\_\_\_ Music Title \_\_\_\_\_  
 Group Leader \_\_\_\_\_ Phone \_\_\_\_\_  
 Sub-category \_\_\_\_\_ Length (3 minutes max) \_\_\_\_\_ Min. \_\_\_\_\_ Sec.  
 # in Group (attach roster) \_\_\_\_\_ Size: SOLO / SMALL GROUP (2-4) / LARGE GROUP (5+)  
**NAME of act #2** \_\_\_\_\_ Music Title \_\_\_\_\_  
 Group Leader \_\_\_\_\_ Phone \_\_\_\_\_  
 Sub-category \_\_\_\_\_ Length (3 minutes max) \_\_\_\_\_ Min. \_\_\_\_\_ Sec.  
 # in Group (attach roster) \_\_\_\_\_ Size: SOLO / SMALL GROUP (2-4) / LARGE GROUP (5+)  
**NAME of act #3** \_\_\_\_\_ Music Title \_\_\_\_\_  
 Group Leader \_\_\_\_\_ Phone \_\_\_\_\_  
 Sub-category \_\_\_\_\_ Length (3 minutes max) \_\_\_\_\_ Min. \_\_\_\_\_ Sec.  
 # in Group (attach roster) \_\_\_\_\_ Size: SOLO / SMALL GROUP (2-4) / LARGE GROUP (5+)

**IMPORTANT: Lincoln County Senior Games can only provide a sound system with microphones and chairs. Please specify what you need. You are responsible for all other equipment and props. If your act requires additional props/technical equipment, you must attach a list of all other props & technical equipment you plan to bring.**

**Attach a description of group/act for the emcee to use as an introduction—interesting facts about members, awards received, places performed, number of years together.**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**

# MEDICAL INFORMATION FORM

Please print clearly. Each question must be answered completely.

Name (print) \_\_\_\_\_

Emergency Contact's Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Emergency Contact's Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

## Health information for all participants (optional)

This information may be shared with medical providers for your care during the Games.

Names of Medications: \_\_\_\_\_

Your Medical Condition: \_\_\_\_\_

Your Allergies: \_\_\_\_\_

Please provide this info to help us. It will be kept confidential. Thank you!

My ethnicity: \_\_\_ White \_\_\_ Black \_\_\_ Asian \_\_\_ American Indian or Alaska Native \_\_\_ Pacific Islander  
\_\_\_ Unknown/Refused

## WAIVER and RELEASE of LIABILITY (Required for all Artists, Athletes, and Cheerleaders.)

### WAIVER (Required)

In consideration of being allowed to participate in any of the Lincoln County athletics/sports programs, and related events and activities, I, the undersigned, agree that prior to participating, I will inspect the facilities and equipment to be used, and if I believe anything is unsafe, I will advise my coach or supervisor of such condition(s) and refuse to participate. I acknowledge and fully understand that I will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only in my actions, inactions or negligence, but the actions, inactions or negligence of others, the rules of play, or the condition of the premises or any other equipment used. Further, I acknowledge that there may be other risks not known to us or nor reasonable foreseeable at this time and I assume all the forgoing risk and accept personal responsibility for the damages following such injury, permanent disability or death. I release, waive discharge and covenant not to sue Lincoln County, participating agencies, coaches, other participants, sponsors, advertisers, and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releases", from any and all liability to myself, my heirs and next of kin for any claims, demands, losses, or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise.

I agree to give Lincoln County the right to use any photographs or video taken of me, or quote made by me in order to promote the Lincoln County programs.

**IMPORTANT:** I understand that it is my responsibility to check with my Local Senior Games Coordinator immediately to determine if I qualified for State Finals and to get and complete a State Finals Entry Packet. My State Finals Entry Form must be received in the NCSG office in Raleigh by 11:59 pm on August 1st. I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered.

**I have read the above waiver and release, understand that I have given up substantial rights by signing it, and signed voluntarily. Furthermore, all information is correct to the best of my knowledge and I will follow the mission of Lincoln and North Carolina Senior Games and their rules.**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date



# REGISTRATION CHECKLIST



Before you submit your registration form, please take time to review the following checklist to ensure your entry form is complete with all required information.

***Please initial each item and sign at the bottom.***

- \_\_\_\_\_ To register for the Lincoln County Senior Games, you must turn in your completed registration form by **5 p.m. on Monday, March 2nd.**
- \_\_\_\_\_ If you mail in your registration form, it must be **received** by **Monday, March 2nd.**
- \_\_\_\_\_ Please make sure your name on registration matches your name on your **Drivers License, no nicknames.**
- \_\_\_\_\_ You must provide an email address on your registration form so that we can communicate with you about our local games as well as the State Finals. If you do not have an email address please speak with a Parks and Recreation or Senior Services staff member about helping you with this process.
- \_\_\_\_\_ If you are competing in any Doubles or Mixed Doubles events, be sure your partner's name is listed on your form, and your name is listed on their form.
- \_\_\_\_\_ If you plan to attend the Closing Ceremonies, be sure you have included that fee along with the fee for any guests you plan to bring (page 7).
- \_\_\_\_\_ Be sure you have completed and signed the Medical Information Form and Waiver.
- \_\_\_\_\_ Once you complete the form, please double check all your entries for any mistakes.
- \_\_\_\_\_ You may keep the packet for reference, only turn in/mail the entry forms.
- \_\_\_\_\_ Please make checks payable to: **Lincoln County Parks and Recreation.**

Entry Forms can be dropped off at the following locations:

**Lincoln County Parks and Recreation**  
206-A Gamble Dr.  
Lincolnton, NC 28092

**Lincoln County Senior Center**  
612 Center Dr.  
Lincolnton, NC 28092

**East Lincoln Community Center**  
8160 Optimist Club Rd.  
Denver, NC 28037

Or Mailed to:

**Lincoln County Parks and Recreation**  
P.O. Box 25  
Lincolnton, NC 28093

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**

*Thank you for participating in the 2020 Lincoln County Senior Games!*

RETURN/MAIL THIS PAGE

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